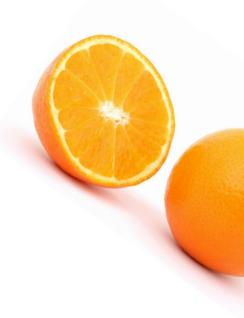
This is an equal opportunity institution

GRAB & GO BREAKFAST 2020-2021

COMBO BREAKFAST \$2.25

Combo includes: Entree, Fruit or Fruit Juice & optional Milk

Entree options (based on availability): Buttermilk Bar, Double Pop Tart. Large Muffin (3.6oz), Large Cereal Bowl (2oz), Boscos-7" Mozzarella Breadstick (single), Large Crumb Square (3.6oz), Breasfast Taco (Sausage, Egg & Cheese, Cinnamon Roll, Mini-French Toast-Cinnamon, Mini Bagel (Strawberry or Cream Cheese filled), Bagel & Cream Cheese, Breafast Tornado (Egg, Turkey Sausage & Cheese), Smuckers PB&J



\$1.00

\$1.50

Pop Tart (single) **Cereal Bar** Cereal Pouch (1oz)

Small Muffin (1.9oz) Buttermilk Bar (2.7oz) Small Crumb Square (2.2oz) Large Cereal Bowl (3.6oz)

\$1.75 **Cinnamon Roll**

\$2.00

Boscos 7" Mozz Brd Stk

Breakfast Taco

Large Crumb Square Breakfast Tornado

ALA CARTE ITEMS



MILK, FRUIT & JUICE \$1.00

Apple Juice 4oz Grape Juice 4oz **Appleberry Juice 4oz** Orange Juice 4oz Lowfat 1% Milk 8oz Nonfat Chocolate Milk 8oz Fruit (individual serving)



www.SDUHSDnutrition.com, 760-753-6241 x 3426 Menu subject to change at school site (updated 07/28/2020) This is an equal opportunity institution

BREAKFAST **OPTIONS**

LA COSTA CANYON HIGH SCHOOL & TORREY PINES HIGH SCHOOL

2020-21

NO CHARGE BREAKFAST DAILY @ LCC & TPHS

Details:

Under Provision 2, a no-charge "COMBO" Breakfast is offered to all students each day of school during the regular school year. No-charge breakfast is offered prior to the start of school. See school site schedules for service times.

A "COMBO" Breakfast includes: Entree, Choice of Fruit or Fruit Juice & Optional 1% lowfat milk, or non-fat chocolate milk.

Ala Carte Nutrition Break-Offered Daily

Items available for purchase by all students each day of school during the regular school year. Ala carte purchases can be made during nutrition break. See school site schedules for service times.

ALA CARTE ITEMS

\$1.00

\$1.50

Small Muffin (1.9oz) Buttermilk Bar (2.7oz) Large Cereal Bowl (3.6oz)

\$1.75

\$2.00

Pop Tart (single) Cereal Bar Cereal Pouch (loz)

Small Crumb Square (2.2oz)

Boscos 7" Mozz Brd Stk Cinnamon Roll Large Crumb Square Breakfast Tornado Breakfast Taco



MILK, FRUIT & JUICE \$1.00

Apple Juice 4oz Grape Juice 4oz Appleberry Juice 4oz Orange Juice 4oz Lowfat 1% Milk 8oz Nonfat Chocolate Milk 8oz Fruit (individual serving)



